

## Get involved in the Northumberland National Park A quick and easy guide

Northumberland National Park is one of England's most tranquil places, with dramatic hills and sheltered valleys. It stretches from the ancient Hadrian's Wall to the Scottish Border. And it's all within an hour's reach of Newcastle-Upon-Tyne.

Northumberland National Park has four main areas - running from south to north, these are Hadrian's Wall and South Tyne, North Tyne and Redesdale, Upper Coquetdale and Cheviot and Glendale.

There are several bus links from Newcastle to the Northumberland National Park. The Hadrian's Wall Country train line runs from Newcastle to Hexham and Haltwhistle. Visit [www.traveline.info](http://www.traveline.info) for more information.

### Highlights include:

- Explore Hadrian's Wall, built by the Romans in the years 122-130AD. It is 73 miles long and runs from Wallsend-on-Tyne in the east to Bowness in the west. The Hadrian's Wall bus runs from April to October and links up with the train at Hexham. [www.hadrians-wall.org](http://www.hadrians-wall.org)
- Visit North Tyne and Redesdale. You'll find crystal clean rivers, hay meadows and friendly villages such as Bellingham and Falstone. There are lots of short easy walks and plenty of tea shops to enjoy - whatever the weather! Download [walks leaflets](#) from the Northumberland National Park website.
- Contemplate ancient mysterious rock art and the sheer beauty of heather moorland in the summer with a visit to Simonside Hills, near the busy market town of [Rothbury](#).
- Go to the Alwinton Show - see all sorts of local produce, sheep classes, sheep dog



*Waterfall near Linn, a 3 mile walk from Bellingham*



*Mosaic Community Champions at Hadrian's Wall*

- trails and fell racing. [www.alwintonshow.co.uk](http://www.alwintonshow.co.uk)
- See if you can spot some wild goats or wild Chillingham cattle on the [Cheviot Hills](#). These are the highest hills in the National Park.
- Join one of the many events organised by the Northumberland National Park Authority each year. These include guided walks, cycling and much more. See the [Northumberland National Park Events Calendar](#) for more information.
- Stay at one of the five Northumberland National Park Youth Hostels for budget accommodation in beautiful locations. [www.yha.org.uk](http://www.yha.org.uk)

## How can I get more involved with the Northumberland National Park?

- Organise a visit for your friends, family or community to the Northumberland National Park. Contact Mandy Roberts (details below) at the National Park Authority for ideas.
- Could you give a talk introducing the Northumberland National Park to a group in an urban area or your local community? The National Park Authority can assist and provide support materials.
- Share your experiences of the Northumberland National Park with people from BME backgrounds to encourage and help them visit this iconic place.
- Involved with community radio? Can you host a programme to let others know about the Northumberland National Park?
- Northumberland volunteer Community Champions are promoting the National Park in all these ways and others. If you are interested to become a Community Champion, please get in touch with Mandy Roberts (address below).
- Northumberland National Park has about 50 Voluntary Rangers and 100s of other volunteers who lead walks, give talks, help at public events and carry out practical conservation tasks. Why not get involved? Contact Dave Brown, the Northumberland National Park Volunteer Coordinator on [dave.brown@nnpa.org.uk](mailto:dave.brown@nnpa.org.uk) for more information.



**For more information**, contact Mandy Roberts, the Engagement Officer or Duncan Wise, the Visitor Development Officer at the Northumberland National Park.

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