

## Get involved in the North York Moors National Park A quick and easy guide

The North York Moors has a great variety of landscapes. You can experience vast open spaces, listen to the call of upland birds, wander through woods and picturesque villages. You can throw pebbles in a stream or build sandcastles on the beach. The North York Moors is also home to many historic abbeys and castles.

The North York Moors has the largest expanse of heather moorland in England. At Boulby, you'll find the highest cliffs on England's east coast and the deepest mine in Europe.

The North York Moors is in the north-east of England. It is on the doorstep of Middlesbrough and Stockton-on-Tees, and it's easy to get to on public transport. The [Esk Valley Railway](#) runs from Middlesbrough through the middle of the North York Moors National Park to Whitby on the coast, and there are plenty of bus routes. For example, the [Moorsbus](#) runs on Sundays and bank holidays, stopping in the most scenic areas.



*Danby Dale*

### Highlights include:

- Visit the [Moors Centre](#) - a Visitor Centre on the banks of the River Esk. From the centre you can see open moorland, woodland, farmland. The centre is free and has masses of information about the North York Moors as well as a shop and tea room.
- Enjoy stunning scenery on foot, on the open Moors or on the stunning coast. Download one of the [North York Moors walks](#).
- Challenge yourself and cycle the [Moor to Sea cycle route](#). It's over 80 miles but passes through spectacular landscapes, and much of it is off the roads. For shorter cycling



*Mosaic Community Champions on a guided walk*

routes visit the [National Park Website](#).

- Experience coastal trails, Roman Camps, woods and forests on one of the [Accessible Trails](#). These are all short routes suitable for wheelchairs and buggies. See what's on offer on the North York Moors Website.
- Join one of the many events happening in the North York Moors National Park each year. These include guided walks, agricultural shows and much more. See the North York Moors '[What's On](#)' page for more information.
- Stay at one of the North York Moors National Park Youth Hostels for budget accommodation in beautiful locations.

[www.yha.org.uk](http://www.yha.org.uk)

## How can I get more involved with the North York Moors National Park?

- Organise a visit for your friends, family or community to the North York Moors National Park. Contact Sue Wilkinson (details below) at the National Park Authority for ideas.
- Could you give a talk introducing the North York Moors National Park to a group in an urban area or your local community? The National Park Authority can assist and provide support materials.
- Involved with community radio? Can you host a programme to let others know about the North York Moors National Park?
- North York Moors volunteer Community Champions are promoting the National Park in all these ways and others. Become a Community Champion, meet new people, learn new skills (eg map-reading, leading walks) and make a positive difference to one of the most beautiful areas of Britain. Get in touch with Sue Wilkinson for more information (address below).
- Take part in practical conservation tasks, such as wildlife surveys, path clearing, tree planting or dry-stone walling. These are a great to get fit and enjoy the National Park. Contact Graham Stubbs for more information (see below)
- Help at events and shows and let others in your community (or elsewhere) know about the North York Moors National Park.
- Engage with the National Park Authority in an influential capacity, by becoming a member of an advisory or consultation group, the Local Access Forum, or becoming a National Park member. See the North York Moors website for current opportunities.



*Mosaic Community Champions at a local event stand*



**For more information**, contact Sue Wilkinson or Graham Stubbs at the North York Moors National Park.  
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