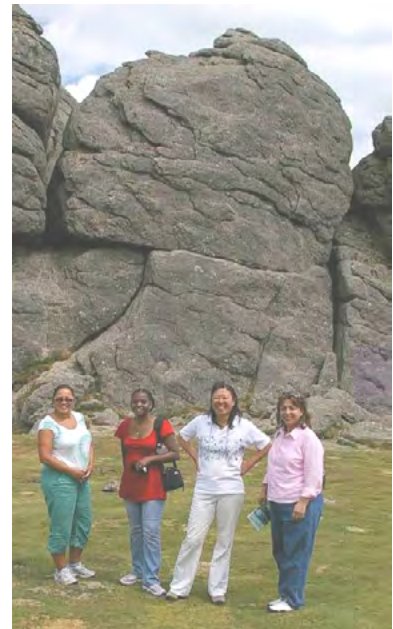


Get involved in Dartmoor National Park A quick and easy guide

Dartmoor is one of the UK's largest National Parks and it is the largest 'wild' area of open country in southern England. Yet it is much more than that. Dartmoor contains various rare habitats, part hidden prehistoric remains, and the extraordinary shaped granite Tors.

Whilst many people come to Dartmoor to enjoy the beautiful scenery and to recharge their batteries, many come to get active. With over 450 miles (730km) of public rights of way, there is an abundance of walking routes and a variety of cycle routes to suit all tastes and abilities. There are plenty of other activities you can get involved in too, such as horse-riding, climbing, letterboxing, geo-caching or kayaking.

Always make contact with a National Park visitor information centre to help you plan a trip, they are the experts and they are there to help. You can find them on the [Dartmoor National Park Authority website](#).



Haytor, Dartmoor

All this is free!

- 368 square miles of heather clad moorland, wide open landscapes, rushing rivers, ancient forests & obscure stone tors – Dartmoor is well known but big enough to avoid the crowds.
- Visit High Willhays. At 621m (2,039ft), it is the highest point in the south of Britain, a more gentle climb is possible for all to the top of Haytor 457m (1,490ft) with stunning views south to the coast at Torbay.
- Delve into the distant past. Despite looking completely natural, this is a living, working landscape which holds secrets of a human past stretching back over the centuries, reflected in the Neolithic monuments & local folklore. [Dartmoor Heritage](#)



Kurdish Exiles Group at Widecombe

- Visit the Dartmoor Pony Heritage Trust – the iconic Dartmoor Pony has lived on Dartmoor for centuries. An archaeological dig uncovered hoof prints from the Bronze Age. Dartmoor Ponies are a rare breed but you can still see them wandering the moor. [Dartmoor Pony Heritage Trust](#)
- Get active and fit on a conservation project - more effective than any gym with the bonus of making a real difference to wildlife. See [The Dartmoor Guide](#) for more information.

Your voice is powerful – can you help Dartmoor’s future?

- Could you give a talk to a group in an urban area or your local community? Dartmoor National Park Authority can provide training and support materials.
- Help on the Dartmoor National Park stall / mobile display van at shows such as Plymouth or Exeter Respect.
- Do you have links with other communities, faith groups etc? Could you take information about Dartmoor to any shows and meetings you are attending where people might be interested to find out more?
- Feeling creative? Share your impressions by writing an article for Explore Dartmoor magazine, National Park blog or your local press.
- Give Dartmoor National Park Authority copies of photos of you and your group enjoying Dartmoor.
- Involved with community radio? Can you host a programme to let others know about Dartmoor?
- Influence the strategy of Dartmoor by taking part in consultations or applying to become a Secretary of State appointment to the Dartmoor Members, the governing body – find out more by speaking with an existing Member.
- Do you have opinions about the Dartmoor and it’s services? Dartmoor seeks Champions who are happy to feedback and give advice on products and services provided by the Authority, such as its website and publications, or on venues, products and services provided by other organisations.



For more information, contact Orlando Rutter, Learning, Outreach & Volunteer Officer at Dartmoor National Park Authority.

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